

Messy Play!

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Age: 3+

Name of game: Gloop

What you need:

2 cups of cornflour and 1 cup of water

What to do:

Mix cornflour and water together to make a thick paste. Add water if it is too thick. Grab a handful (need to do this quickly before it escapes through your fingers!) as quickly as you can roll the mixture into a ball by rubbing both hands together. The mixture will form a hard ball in your hands but don't stop rolling it around! Pass the ball to someone else while still rolling it in your hand. Watch the ball dissolve and trickle through the person's fingers!



Age: 2 1/2 +

Name of game: Fun with flour

What you need

Activity 1: Flour, sieve, lentils, rice or dried peas, 1 large bowl, a spoon and a small bowl.

What to do:

Mix the dried goods in with the flour and stir. Step 2, spoon the mixture into a sieve and sift. The dried goods will stay in the sieve and can be put into a separate bowl. Once done, mix up the ingredients and start again.

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Age: 2 ½ +

Name of game: Play dough basic recipe

What you need

2 cups of plain flour

1 cup of salt

1 cup of water

2 tbsp oil

1 tsp food colour

What you do

Mix the ingredients in a bowl to make dough. Provide roller, cutters, plastic cutlery, plastic scissors, potato masher, pastry cases, muffin tins, ice pop sticks.

Some ideas to extend imaginative play:

- Add coloured paper, dried foods to make pizzas & pies.
- Make pancakes and use a small frying pan to practice flipping them over!
- Add small plastic animals to make foot prints and impressions
- Use plastic insects and spiders to make 'yucky bug pies'



Messy Play!

Age: 2 1/2 +

Name of game: Finger paint

What you need

2 cups of corn flour

1 cup water

Boiling water

What to do

Blend cornflour & cold water to paste and then add boiling water little by little as per making sauce. Made to a thickish consistency. When made, add 1/2 cup of lux flakes and a little paint.

When ready spread on a smooth surface (table top).

Tip: If a child wants to keep a finger painting you can place a piece of paper on top and pat gently to make a print of their work.

Age 2 1/2 +

Name of game Slime

What you need

1 cup of lux flakes

2 litres of warm water

Food colour

What to do

Dissolve 1 cup of lux flakes in 2 litres of warm water

Add colouring (if wanted)

Allow to stand until mixture becomes thick & slimy.

Pour into basin can beat with eggbeaters to make froth

Provide spoons, funnels and cups

Messy Play!

Age 3 +

Name of game

Bubbles!!

What you need

8 tbsp. washing up liquid

2 pints of water

What to do

Mix ingredients together. Use straws to blow air into mixture.

